



Kin Canada
Kinsmen • Kinettes • Kin



Knette FLC Minutes

Saturday, October 19, 2024

Sheraton Cavalier Calgary Hotel (2620 32 Ave NE, Calgary)

Call to order. 8:35

Opening Ceremonies – 8:30 am

- O' Canada
- Land Acknowledgement (Ashley Ford)
- Welcome from Calgary Mayor Jyoti Gondek
- Welcome from Governor Hillary Derksen
- Welcome from host club Kinette Club of Stampede City
- Recognition:
 - Current and Past National Officers
 - Current and Past District Officers
 - Life Members
 - Kin Kollege Graduates
 - Kin Masters Graduates
 - First Timers

Address to the chair: Governor Hillary, fellow Kinettes and guests, Mamma Mia here we go again!

Roll Call:

Zone A: Slave Lake Kinette Club - N, Spirit River Kinette Club - N, Grande Prairie Kin Club - N

Zone B: Beaumont Kin Club - Yes, Camrose Kinette Club – N, Edmonton Kinette Club - Yes, Wetaskewin - Yes

Zone C: Fort McMurray Kinette Club - N, Lac La Biche Kinettes - Yes, Smoky Lake Kinette Club - N, Vegreville Kinette Club -N

Zone D: Central Alberta Kin – N, Innisfail - Yes, Ponoka Kinettes – Yes, Red Deer Kinettes – Yes, Stettler Kinettes – N, West Country - Yes

Zone E/O: Airdrie Kin Club – Yes, Kinette Club of Calgary – Yes, Hanna Kinettes - N, Okotoks Kin Club – N, Stampede City Kinettes - Yes, The Foothills Kinette Club – Yes, Vulcan Kinettes - Yes

Zone F: Brooks Kinettes – N, Claresholm Kinettes - N, Coaldale Kinettes - N, Lethbridge Kinettes – Yes, Medicine Hat Kinettes – N, Milk River Kinettes - Yes

Zone G: – Drayton Valley Kin - N, Edson Kinettes – N, Hinton Kin Club – N, Mayerthorpe Kinettes - N, Spruce Grove Kinette Club - N, St Albert Kinettes – Yes

First Call for FLC 2025 – no bids

National President Marley Hanishewsky

Guest Speaker – 9:00 am
Erin Kurt, Feminine Confidence Coach
<https://thelegantlife.com/>
Discount Code: Calgary15

Break – 10:30 am

Risk Manager Presentation (Secretary Jamie Hansen on behalf of District Risk Manager Paul Balite)

- Club Executive reporting - due NOW
- Criminal Record Checks for Presidents, Treasurers and new members – due Now
- Due November 15th:
 - National dues & District dues
 - Insurance reporting form including individual member good character declarations
 - Insurance Payment & volunteer insurance opt-in
 - Proof of incorporation 2023

Breakout Session #1 -- CREATIVE

Origami – facilitated by Zone B Deputy Governor Theresa Potts
Vision Boards – with Governor Hillary
Pumpkin Painting – with Angela Dempster

Second Call for FLC 2025 – no bids

District Convention 2025 Presentation by host club Millk River Kinettes

Lunch – 12:00 pm
Lunch n Learn presentation by Club Support Director Judy Bonner

Breakout Session #2 – MINDFULNESS

Meditation with Governor Hillary
Work/Life Balance - Zone D Deputy Governor Ashley Ford
Women's Health – Dr. Megan Mankow

Awards Presentation (by Education Director Angela Dempster for Awards Chair Paul Balite)

- Award scavenger hunt winners: Chris Miller, Melanie Lang, Sharleen Connelly, Kass Stuart, Andrea Sawicki, Julie Melton, Jana, Karen Moreland

Coffee Break – Sponsored by the Kinette Club of Edmonton

NPPA Chapter 11 presentation from the National Board of Directors

Service Presentation by District Service Director Susan Dickson

- Presentation by Not4Sale
- Presentation on current initiatives, new service tracker linked on website, Need a Dollar campaign, D4 v D5 service hour challenge

Final Call for FLC 2025 – Kinette Club of Edmonton Theme: WorKIN 9-5

- Tentative bid. Have to confirm with club.

Adjournment of formal meeting: 4:05 pm

Breakout Session #3 -- ACTIVE

Polynesian Dance – with Stampede City Kinette member Kassandra Stuart

Yoga – facilitated by Nancy Johnson